

FOR CONNECT GROUP DISCUSSIONS AND FAMILY BIBLE STUDY TIMES



HOME – (a family that wants you to grow):

- 28 Feb – Couples night and marriage talk at Black Smith’s kitchen.
- 7 March – Parent talk at Paarl South.
- 11-13 March – Victory Training.
- 12-14 March - Youth Camp



UP – (let’s worship God first):

Pray - Open up in a prayer of gratitude. What are you thankful for? (*Thankfulness towards God, cultivates a lifestyle of worship.*)



BACK – (let’s reflect on last week):

Testimonies - Any testimonies for what you are thankful for? How did last week’s lesson impact your life? Have you applied it in your life or shared it with someone else last week? (*Testimonies builds our faith and accountability cultivates a lifestyle of obedience.*)



IN – (together discover new truths):

Discover – What new truths can we learn from the following verses? (*Word based convictions, cultivates a lifestyle of truth and faith.*)

Ask someone in the group to read **Hebrews 3:16-19**. Maybe ask someone else to read it again in a different translation before you proceed.

16 For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses? 17 And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? 18 And to whom did he swear that they would not enter his rest, but to those who were disobedient? 19 So we see that they were unable to enter because of unbelief.

Israel rebelled against God because of their immediate need of water at Meriba (See Ps. 95:7-8 and Ex. 17:6-7). They did this even after seeing God’s miracles of the ten plaques in Egypt, crossing the Red Sea and eating the daily Godly supply of manna. They murmured against God saying that they did not know whether God was with them.

- What made God did not want them to go into the promise land?
- How does this truth conform the way you relate to God?

Ask someone in the group to read **Psalm 62:6-7**. Maybe ask someone else to read it again in a different translation before you proceed.

*6 He only is my rock and my salvation,
my fortress; I shall not be shaken.*

*7 On God rests my salvation and my glory;
my mighty rock, my refuge is God.*

- What do you learn from this Scripture?

Matthew 11:28-29.

28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light."

It's only in God and in salvation in Christ that we will be able to find true rest for our souls. We need to continue to live in this restful place abiding with Christ.

- What else do you learn from this Scripture?



OUT – (let's apply what we have just learned):

Application – Reflecting on today's scripture discoveries, what convicts you? What do you feel the Holy Spirit is asking you to do?

Take some time and commit to come before God and allow Holy Spirit to show you what areas in your life you need to repent about and bring before God?